

Miss A·R·T

ACTIVATE • RESHAPE • TRANSFORM

ACTIVATE

Innovative program
for teenage girls
aged 13-18

(divided into age specific groups)

RESHAPE



Specifically designed to strengthen
and build:

Self-esteem

Resilience

A Self-belief mindset

Body confidence

Healthy habits

Leadership capacity

Places are
limited!

TRANSFORM



THE PROGRAM

Miss ART is not about fingerpainting or craft. Miss ART is a program that shows YOU how to be HEALTHY, HAPPY and CONFIDENT.

SCHOOL HOLIDAY PROGRAM
30th September - 2nd October 2020
IN DARWIN!

ENQUIRE NOW! 0411 383 761
catie@artyourlife.com.au

A·R·T Your Life

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